ACCR DRUG & ALCOHOL RECOVERY COMMITTEE AGENDA Minutes

All who attended:

Josie M, Tariq S, Lisa, Kathy Gadd, K.P, Montaja S.

Date: 5.10.21 time: 1 pm

Montaja reports that May is MH month and ACCR is accepting tools and

Agenda Topics:

1. Who are our members? Please share your name, title, and role in the Behavioral/ D&A field.

Josie Does Community relations with Pyramid

Lisa CRS mentor trainer with POWER; she helps young ladies find a path to recovery and train the new mentors

Montaja reports that she is a trainer as well as a manager/recruiter for recovery specialist and peer specialist. She reports that she does a stand together program for schools which touches on Mental Health. Montaja also report that she is a liason for ACCR tech committee

K.P. Reports that he is specialist for Western psych and peer services. He reports that his job in to reduce stigma on recovery, create wrap plans and individualize clients’ needs especially with emotional support

K.Gadd: Reports that she Oversees the staff that oversees staff that handles contracts with Allegheny County

2.)Please share what you envision the DAR committee doing for the community.

Tariq reports that he envisioned DAR to be a resource liaison to the servicing population. Tariq also reports that he would like for DAR to be the upkeep for clients post treatment due to this being the area where clients fall off and the follow up dwindles.

Josie reports that she envisioned DAR to be out in the community more directly connecting to the population with resources via forums, events and outreach work. Josie reports that if clients knew of the resources that were available to them they would take better advantage. She reports that the follow up after treatment is real.

Josie wanted to know when will DAR be able to host tables at events?

Montaja reports that as apart of the ACCR committee that DAR can reach out to the Coalition Committee which is a default rep of ACCR to talk more about these events. Also as committee the DAR can collaborate with other areas of ACCR as and hand out in order paraphernalia this way. Montaja reports that DAR is the baby of ACCR and due to Covid hybrid style conferences are the only options at the moment

Josie reported that can DAR have a hosted event about reducing stigma

Montaja says that this has never happened but can be a possibility.

1. Review/update our committee mission statement:

“Our Mission is to facilitate improvement of D&A Services in Allegheny County by helping to fight against the stigma that surrounds substance use disorders, educate others for more understanding of the addiction disease, to identify current treatments that need improvement, and effecting positive changes in recovery.”

KP says to change “to identify current treatments that need improvement”( to reflect/include all areas of recovery) to “Increase recovery principles, values and identify recovery interventions”

Montaja reports that we have to tow the lines and not make it “treatment” or “stigmatizing”. She reports that the mission statement also has to reflect we are actually doing.

Lisa says that this has to be community and grass roots orientated

Josie reports that this just needs to be reworded and simplified again

1. D&A Resources Toolkit idea- Where do we go from here? What should we put in it?

Tariq reports This should be resource that anyone can utilize at any point

Montaja asked what information that what would be on here

All committee members gave the following suggested resources to have in the tool kit:

The cycle of change

WesParr for certified Houses

Resources for credible housing

Resources for sobriety (the circle of addiction)

Resources for Living Life on Life Terms

Stages oF Change (cycle of addiction)

Set for Numbers and tools and people

Building your own wrap plan

Montaja reports that would this is a great start and asked would it be a resource kit or a flier?

Josie reports that we need to reconvene next meeting with a list to compile the outlets and information

Tariq asked should we end it here to do so

KP agreed

**Next steps: Committee members will bring list of resources that connect to D&A recovery and wellness**

Next Meeting: June 14th, 2021 at 1:00 pm