

National Suicide Prevention Organizations and Resources



[National Suicide Prevention Lifeline](http://www.suicidepreventionlifeline.org)

Call 1-800-273-TALK (8255)

Available 24/7, manned by counselors at 160 local crisis centers across US

Have resources for deaf and hard of hearing, run Spanish-speaking network



jedfoundation.org

[Jed Foundation](http://jedfoundation.org)

Both provides help for those with suicidal thoughts and/or those affected by suicide and educational workshops and trainings

Goal to support young adults to prevent suicidal ideation



[Trevor Project](http://www.thetrevorproject.org)

Provides crisis intervention and suicide prevention services to LGBTQ+ youth ages 13-24

Educates on detecting and responding to signs of suicide risk among LGBTQ+ youth

Advocates for laws and policies with the aim of reducing suicide risk LGBTQ+ youth

Also have a hotline: (call, text, or chat on their site) 1-866-488-7386



[Project Semicolon](http://www.projectsemicolon.org)

Dedicated to mental health awareness and suicide prevention

Serves as an inspiration and advocacy group instead of providing crisis intervention



[American Foundation for Suicide Prevention](#)

Funds research into psychology of suicide, advocates for better training of doctors and mental health providers, and has chapters throughout the US

Veterans Crisis Line



[Veterans Crisis Line](#)

Run by same folks at National Suicide Prevention Lifeline: Call 1-800-273-TALK (8255) and press “1” or text 838255
24/7 phone, text, and chat service specifically for veterans, active duty personnel, and their friends and family
Has facilities to help homeless veterans

CRISIS TEXT LINE |

Text HELLO to 741741

Free, 24/7, Confidential

[Crisis Text Line](#)

24/7 services--accepts texts from anybody in any kind of crisis and connects them with a trained counselor who will help them
Text “HOME” to 741741



[Trans Lifeline](#)

Only trans-specific hotline in US and Canada
All volunteers are trans and welcomes calls from anyone questioning their gender identity
Won't call emergency services without request of caller
Call 1-877-565-8860

Pittsburgh Specific Resources

[Allegheny County Crisis Intervention Hotline](#)

24/7 service, call 1-888-424-2287



[resolve Crisis Services](#)

24/7 crisis service free to all Allegheny County Residents

Provides crisis counseling and support (mobile crisis team), referrals (walk-in center and home visits), and intervention services

Call 1-888-YOU-CAN (796-8226) for emergency, 412-864-5004 for more info and non-urgent matters

