

Allegheny County Coalition for Recovery
Quality Committee
Agenda – Friday, September 7, 2018, 11:30 - 1:00 pm

- I. Welcome and Introductions - Room 1373, Community Care, 11:30 -1:00 pm
a. In attendance: Lacey Agresta, Candace Hall, Debbie Duch, Saralynn Kramm, Anthony Lucas, Mike McCarthy, Jenn House, Meeti Purani, Paul Freund
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II. Review Minutes from August 3, 2018

Minutes accepted.

III. Announcements

a. Steering Committee updates

- i. The Steering Committee amended the by-laws regarding co-chair term limits to two consecutive two-year terms for a total of four years.
- ii. Strategic Planning- three new goals were developed. First goal is to continue with outreach and marketing. Second goal is to reduce stigma by collaborating with stakeholders to provide education focused on recovery, resiliency, and wellness. Third goal is to attract and retain members and find ways to attract and include those who deal/work with substance use disorders.
- iii. Budget will remain the same. About \$3,300 dollars allotted per year.
- iv. Discussion around efforts to develop social media standards (policies and procedures).

b. Announcements from Committee members

- i. Debbie Duch shared that the Recovery Walk is on Sept. 15th and starts in the Strip District finishing at Market Square. There will be information tables set up at the beginning of the walk and activities at the end of the walk. Registration starts at 8, walk starts at 9, activities start at 10 at Market Square.
- ii. Mike shared that the Nami walk is on Oct. 14th at the Waterfront.
- iii. Anthony shared that the ACHI conference is on October 19th at the Wyndham Grand Hotel in Downtown. Registration is free for those in recovery from both mental illness and substance abuse.
- iv. Lacey shared that Public Awareness is having an Opioid discussion with the police in Beechview on September 27th.

IV. Nomination for New QI Co-Chair (Completed Application Attached)

a. Saralynn Kramm – Candidate for QI Co-chair

- i. Works as a counselor at extended acute care (Mercy Behavioral), at CCBH, and is in a PhD program.
- ii. Saralynn was unanimously voted in – 6 voters total. Her start date is 9/7/18.
- iii. Anthony will send a formal confirmation email to Paul B. and Paul F.

b. Search for additional QI Co-chair

V. QI Note Taker Position Available

- a. Thanks to Chris for his 5+ years of service!
- b. Let Anthony know ASAP if interested

- i. Candace expressed interest in becoming a note-taker

VI. Thinking Forward to Next Project

a. Expansion? Same Theme? Something new?

- i. Discussed how we can contribute to ACCR's three goals:

- 1. Increase awareness:

- a. CART survey
- b. Partner with Resiliency Pittsburgh
 - i. Looking at ways to increase social engagement and involvement for people at risk of being isolated, i.e. homeless population, etc.
- c. Focus Pittsburgh – assist after traumatic events (faith-based group)
- d. Promote “Quality of Care”

- 2. Reduce stigma/education:

- a. Wellness toolkits
- b. Peer support team member brochure
- c. CART survey
- d. Partnering with Public Awareness on meeting in Beechview

- 3. Recruit/Retain +SUD:

- a. Posters/presentations
- b. Recovery Walk
- c. Meeti talked to Prevention Point and said they would be willing to come and talk about what they are doing in the community.

- ii. Anthony relayed Cindy's point about how natural supports, such as a pet, neighbor, or place of worship could help a person recovery. Essentially, are we doing enough to provide support for natural supports to those in treatment?
- iii. Candace talked about Focus Pittsburgh (trauma team) and explained that they are a faith-based organization that provides help and resources to those in need. Candace asked about a smaller pamphlet to distribute to those who frequent Focus Pittsburgh.
- iv. Debbie discussed the importance of MAT and naloxone.
- v. Paul talked about supervised using sites. Statistics have shown that overdose numbers have decreased because of these sites.
- vi. Anthony mentioned that the County is going to take the first responder poster on the road when they go to different stations.
- vii. Jenn mentioned that a recovery module is used at the city police academy where they have a dialogue with people in recovery.
- viii. Mike and his co-worker went to Western Psych to talk to the new residents about who NAMI is and what they do regarding education, advocacy, and public policy.
- ix. Jenn discussed possibly recruiting members from the monthly D&A meeting held by the County.

- b. Collaboration with another committee
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VII. **Next meeting: Our next meeting will be on *Friday, October 5, 2018, 11:30am – 1:00pm***

NOTE: For 2018 ACCR QI Meetings will continue to occur on the 1st Friday of every month at Community Care from 11:30am to 1:00pm in Room 1373.

The mission of the ACCR Quality Improvement Committee is to enhance recovery-oriented services in Allegheny County through the development and promotion of quality services that facilitate recovery, resiliency and wellness of person(s) served.

Quality Improvement's Web Site Page

http://www.coalitionforrecovery.org/quality_improvement_group.html

The Quality Improvement Committee develops Best Practices and Quality Indicators for recovery-oriented service providers as well as:

- Recommends contract incentives for Providers to adopt recovery practices.
- Provides presentations and workshops for providers. [Guidelines for Developing Recovery Oriented Behavioral Health Systems](#)
- Provides tutorials for implementation of Recovery Best Practices and Quality Indicators.
- Developed the [ACCR Measurement of Recovery](#) survey.
- Created the [Service Planning Principles Matrix](#), [Service Planning Principles Document](#) and [Recovery Oriented Service Planning Brochure](#)